



**Friends & Helpers**  
friendsandhelpers.org

## 23<sup>RD</sup> ANNUAL ADOPT-A-FAMILY HOLIDAY PROGRAM

### WHAT IS THE HOLIDAY PROGRAM?

The Friends & Helpers holiday program is underway to help thousands of people living in local domestic abuse shelters enjoy a happy holiday. With your help, we will provide gifts for each family member, stockings filled to the brim for the children, gift cards for food, and everyday needed items.

#### HELP US HELP THOSE IN NEED

**Adopt a family gift donation:** Let us know the size of the family(s) you would like to adopt, and we'll send you a family's wish list of items to shop for. Gifts can be wrapped and tagged, or unwrapped and dropped off at the event locations.

**Adopt a stocking:** A \$25 donation will provide a child or teen with a stocking filled with goodies and a gift card.

**Adopt a Women's Bag:** A \$25 donation to complete our women's bags with toiletries, feminine products, dental hygiene products, etc.

**Go to:** [www.friendsandhelpers.org](http://www.friendsandhelpers.org) to adopt

#### **Donate everyday necessities:**

- Gift cards for grocery stores, Amazon, Target, Sephora, Toys R Us, Kohl's, Van's, Macy's, JC Penney, Best Buy, Vons, CVS, Walgreens, movies or restaurants
  - New toys for children of all ages
  - Items for teens, such as movie tickets, art supplies and musical instruments
  - Beauty and hygiene products
- Visit our website for more donation ideas!

#### JOIN US AT OUR EVENTS

All events are rain or shine.

**November 30<sup>th</sup> | 4pm to 7pm | North Hollywood**  
11455 Magnolia Blvd North Hollywood 91601

**December 1<sup>st</sup> | 4pm to 7pm | The MUCK**  
1201 W Malvern Ave, Fullerton 92833

**December 2<sup>nd</sup> | 4pm to 7pm | El Segundo**  
**Toyota Sports Center | LA Kings Practice Facility**  
555 N Nash St, El Segundo, CA 90245  
Meet Kevin from KROQ, Luc Robitaille, and other LA Kings players! Join us for this special drop-off event alongside our partner, Kings Care Foundation.

**December 4<sup>th</sup> | 4pm to 7pm | Covina**  
20240 E. Cienega Ave., Covina 91724

**December 5<sup>th</sup> | 9am to 1pm | Irvine**  
10 Mauchly Irvine, California 92618

**December 6<sup>th</sup> | 9am to 3pm | Tarzana**  
**Wilbur Elementary School**  
5213 Crebs Ave, Tarzana, CA 91356

Volunteers wanted and welcomed!  
No need to register.

#### **PLEASE CONTACT US FOR MORE INFORMATION**

[www.friendsandhelpers.org](http://www.friendsandhelpers.org) | [info@friendsandhelpers.org](mailto:info@friendsandhelpers.org) | 818-757-1905

We are a registered nonprofit 501c(3).